THE VOLUNTEER VOICE

CRIMINAL JUSTICE MINISTRY NEWS FOR VOLUNTEERS



CJM continues to advance our organization's mantra: to serve, not judge, because of your involvement and commitment as a volunteer. Your participation and contribution helps us provide resources and services to our clients.

UPCOMING EVENT AT CJM:



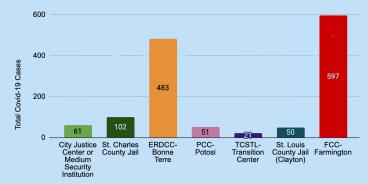
Please join us in spreading the holiday joy to our clients by donating cookies in any nonaluminum container.

We will begin accepting cookie donations starting November 19, up to December 7.

COVID-19 IN MISSOURI SINCE MARCH

Covid-19 has had an enormous impact on our work, as volunteers and visitors are not able to enter facilities, and has made reentry planning more challenging. If you would like more information about the status of volunteer services in institutions, feel free to contact us at: info@cjmstlouis.org.

Below is data and resources about COVID in Missouri and Missouri correction institutions.



Facility Names

- Click on the chart above to view Covid-19 statistics in St. Louis.
- Click here to view Covid-19 data provided by the Missouri Department of Corrections, and updates in different facilities.
- Click here to view the published news article about Covid-19 in Clayton Jail.



Terrell (R2R Case Manager), Tom (Executive Director), and an incoming R2R housing client.

VOLUNTEERS NEEDED

OFFICE VOLUNTEER

- Perform duties of an office receptionist.
- Display phone etiquette in answering the office phone.
- · Greet clients entering the office.

JOURNAL LEADER

 Lead journal discussions in the Transition Center of St. Louis.

PEN PAL

HOW TO APPLY

Visit our website Navigate over 'Get Involved', and click 'Volunteer'

DONATIONS NEEDED

- · Gift cards to food services.
- · Travel sized hand sanitizers.
- · Face masks.

HOW TO DONATE

Donate online by going on our website. Call or email us to arrange a time to drop off any donations.

CELEBRATE THE HOLIDAY SEASON







Let us celebrate the upcoming season together and blow off the Covid blues. Here are some strategies that we, together, can implement to prepare ourselves, keep ourselves busy, and celebrate the holiday season:

1. Implement BAG- Big Audacious Goal.

Termed by Susan Battley, a professor at Stony Brook University in New York.

- What is your big audacious goal?
- Put your goal into writing and include the steps you will need to take to accomplish your goal.

2. De-Clutter.

- Remove or relocate items you do not use everyday.
- De-cluttering your items can optimize space and make the space aesthetically pleasing.
- Ask yourself- is this item useful?
 How often do I use this item? How
 does this item make me feel? Will
 this item help me achieve my
 goal(s)?

3. Volunteer.

- Encourages community building, bonding, and inclusivity.
- Brings individuals together with a shared goal and enables the sense of responsibility.
- · Helping others can in-turn help you.

4. Keep Yourself Informed.

- Read publications covering issues in prisons and how they are being resolved.
- o The Marshall Project.
- O Center for Prison Reform.

Click <u>here</u> to read the full article.